



**Amendments to the Claims:**

This listing of claims will replace all prior versions, and listings, of claims in the application:

**Listing of Claims:**

1. (Currently amended) A vehicle lamp comprising:  
a lamp body for holding therein a ~~light source~~ lamp;  
a lens mounted on the front of said lamp body; and  
a carbon-based heating element mounted within said lamp body and apart from said ~~light source~~ lamp and said lens,  
wherein heat rays radiated from said heating element irradiate a rear surface of said lens, and  
wherein the carbon-based heating element does not interrupt light rays from the ~~light source~~ lamp to the lens.
2. (Previously presented) A vehicle lamp according to claim 1, further comprising a glass tube for sealing therein said carbon-based heating element.
3. (Original) A vehicle lamp according to claim 1, wherein said carbon-based heating element contains amorphous carbon and carbon powder dispersed in said amorphous carbon.
4. (Original) A vehicle lamp according to claim 3, wherein said carbon-based heating element further contains a metal or metalloid compound.